

Competitive J/105 Boathandling

Chalk Talk Notes: Spinnaker Sets

Big Picture Goals

The big picture goals are to:

- Keep the sail out of the water
- Keep the sail from getting trapped behind foot of jib (results from too much jib sheet ease)
- Preventing an “hourglass”

General Process

1. Prefeeding the spinnaker tack, setting the tackline in the predetermined position
2. Bearing away at the windward mark for the off-set mark
3. Extending the bowsprit
4. At the off-set hoisting the spinnaker
5. Furling the jib
6. Trimming the spinnaker
7. Adjusting weight
8. Assessing tactical opportunities

The Driver

Procedure:

1. Moves in to get a perspective on the mark while still viewing the telltales
2. Communicates the hoist while bearing away
3. May ease the main in some conditions
4. Eases the backstay

The Main Trimmer

Procedure:

- 1. Eases the traveler or mainsheet for control before bearing away at the windward mark**
- 2. Secures the traveler**
- 3. Makes sure the mainsheet is uncleated**
- 4. Eases the main while bearing away for the set**
- 5. Eases the backstay**

Or

- 1. Eases the traveler or mainsheet for control before bearing away at the windward mark**
- 2. Secures the traveler**
- 3. Makes sure the mainsheet is uncleated**
- 4. Hands uncleated mainsheet to driver for the ease**
- 5. Tails the spinnaker halyard on the hoist**

The Headsail Trimmer

Procedure:

- 1. Drops off the rail just before the Windward mark**
- 2. Loads the spinnaker sheet onto the primary**
- 3. Prefeeds tackline working with the bowman**
- 4. Loads up the halyard winch**
- 5. Extends the bowsprit**
- 6. Gives the spinnaker the initial overtrim**
- 7. Eases the jib sheet for furling**

The Mastman

Procedure:

- 1. Stays on the rail hiking when others need to work in the boat**
- 2. Eases the vang if necessary (preferably from the rail hiking)**
- 3. Jumps the spinnaker halyard at the mast**
- 4. Organizes his lines, which may include tailing his halyard through the rope clutch**
- 5. Makes sure the halyard is unclefted from the mast cleat**

A note on styles:

The Mastman has to work hard at keeping the boat flat and hiking while the other leave the rail. So, everything the Mastman can do to maintain that weight on the rail is a good thing.

The Bowman

Procedure:

- 1. Hops into the boat to ready the spinnaker**
- 2. Opens the forward hatch**
- 3. Helps the spinnaker tack out**
- 4. Clears the halyard and head of spinnaker under the foot of the jib**
- 5. Guides the spinnaker up as it's launched**
- 6. Furls the jib from the bow**

The Sixth Person (sometimes called the Pit)

Procedure:

- 1. Hikes out until the last moment**
- 2. Tails the spinnaker halyard**
- 3. Steps into the cockpit to ease the jib sheet**
- 4. Tails the furling line**
- 5. Organizes the cockpit area**